

Evidence Based Guidelines for Nursing and Social Care on eHealth Services

Welcome to the seventh edition of the ENS4Care Project eNewsletter!

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ENS4Care Guidelines are validated!



The ENS4Care guidelines on Prevention, Clinical Practice, Advanced Roles, Integrated Care, and Nurse ePrescribing are now validated and available at the [ENS4Care website](#).

Taking the discussions at the last General Assembly forward, an Evaluation Expert Panel from individuals which had not been involved in ENS4Care as partners was set up. The selected experts had a leading role in the sector they represent, were familiar with the topic to be validated and had an overall picture of the health systems in the EU and even globally. Thus, the reviewers were respective experts in the field of prevention, clinical practice, advanced roles, integrated care, and ePrescribing. Up to 3-4 experts were chosen to evaluate each guideline with a total of 17 reviewers. The overall result of the guidelines' validation was positive: in a Likert scale from 1 to 10 (very positive), the overall score was 8. The validation process has ensured that the feedback of each reviewer is taken on board, and as such integrated in the final version of the 5 guidelines. The trustfulness of the process strengthens the outcome, reduces bias and increases the level of

deployment of the guidelines in Member States across the EU and Europe.

ENS4Care in Oslo

Key action at this stage of the project is dissemination. The ENS4Care partners are disseminating the ENS4Care guidelines at various events at EU and international level. WP7 leader, Dorota Kilanska (ENRF) participated in June 2015, in Oslo (Norway), at the 23rd International Conference on Health Promoting Hospitals and Health Services "Person-oriented health promotion in a rapidly changing world and presented ENS4Care achievements on Integrated Care & IT solutions with the presentation *Integrated care and eHealth in continuity of care*. Delegates from all over the world had the possibility to discuss in subgroups, about healthcare and eHealth solutions, and on the necessary requirements for interactions between professionals and citizens in daily healthcare practice. The conference explored opportunities for improving healthcare systems by a health promotion orientation, such as fostering health literacy, and patient empowerment and participation. ENS4Care was among the 36 oral presentations that were accepted to the Conference.

ENS4Care in Seoul

Furthermore, in addition to Dorota Kilanska (WP7), several WP leaders and partners attended the ICN Conference, in Seoul, *Global Citizen, Global Nursing*, 19-23 June 2015, and presented the process and outcomes of the EU ENS4Care project, led by EFN. Elizabeth Adams, (Irish Nurses and Midwives Organisation and EFN Executive Committee member) was an invited plenary speaker

presenting on the *Evolving Scopes of Practice: Nurse Prescribing*. The presentation covered national and international developments in relation to the introduction of medicinal product nurse prescribing, including a range of models, legislative and regulatory consideration, educational preparation, and implementation.

The ENS4Care evidence based ICT guidelines which includes nurse ePrescribing, were feature in the presentation as an important tool to guide the development of



ePrescribing in both countries that have introduced prescribing and are considering to introduce. Pat Hughes (C3-Collaborating for Health), Work Package Leader on prevention, highlighted the opportunities for nurses to take a leadership role in prevention. Pat used ENS4Care as a specific example of how nurses can capitalise on the use of eHealth technology to enhance and expand their practice.



The ENS4Care guideline on Clinical Practice was presented by Dr Anne Sorknaes (Odense University Hospital) in the ICN Telemedicine Network at the same ICN Conference. Anne emphasized the need for guidelines to

support the use of technology in nursing practice. The guidelines now developed by the ENS4Care are a key step that will enhance the opportunities for nurses and social care professionals to adopt new technologies to improve patient care.

ENS4Care gets political attention in the EU mHealth Stakeholders Group

As a follow up to the Green Paper on mobile health the European Commission has envisaged to engage

with the stakeholders looking for a simple solution to bring trust into the development of apps for health and well-being. A good way forward to bring clarity, trust and usability to the apps is the development of guidelines. The EFN presented the ENS4Care guideline on Prevention, highlighting how good collaboration among different stakeholders representing citizens, professionals, industry and competent authorities can bring confidence in the use of mHealth applications. The commission highlighted very positively the role of professional organisations in understanding and promoting certain apps. To that end, it is very important that they have the right skills to determine if an application is useful or not.

DEPLOYMENT is our TOP PRIORITY!

It does not make sense to develop guidelines for the bookshelves! Guidelines are made for practice, to improve the quality and safety, and to make the health systems more cost-effective. One possible deployment site is Romania, where the prevention guideline could be picked up with the support of the Social Cohesion Funds. Using the mHealth tool HeartAge, nurses can improve their practice and promote lifestyle changes! Our colleges in Bulgaria will have the opportunity to introduce the ENS4Care guideline on integrated care to see how eHealth, when used by a high qualified and advanced workforce, can make a contribution to health systems reform and a reinforced focus on primary care centers. In Poland, Dorota has made huge progress by pushing for Polish legislation on nurse prescribing (in a mainly medical and male dominated health system) and developing it based on the ENS4Care guideline on nurse ePrescribing.

This is just a start and we are grateful to all partners of ENS4Care turning these 5 guidelines into something that works for our colleagues in the field.

Last meeting of ENS4Care

8 December 2015: EU K4I Summit on Innovation. ENS4Care final meeting will take place in a dedicated session on eHealth supporting health systems reform, European Parliament, Brussels.

Get involved

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