

[Online consultations for Decade proposal on Healthy Ageing \(2020-2030\)](#)

In 2016, 194 Countries adopted, at the World Health Assembly, a Global strategy and action plan on ageing and health (2016-2030). Informed by the evidence in the World report on ageing and health (2015) and aligned with the Sustainable Development Goals, the Strategy called for transformative change.

Member States envisioned that change to be a world where people can live long and healthy lives. Governments realised that to achieve impact in countries we need a decade of concerted action on Healthy Ageing. For WHO, Healthy Ageing is defined as the process of developing and maintaining the functional ability that enables well-being in older age.

Between 9 July and 15 August 2019, WHO and partners are seeking open input, comments, revisions, additions on the zero-draft [proposal for the Decade of Healthy Ageing](#). The document is 20 pages (excluding annexes) and is divided into 4 sections:

- Section 1: A new context needs concerted, sustained action
- Section 2: Vision, added value and principles
- Section 3: Action areas
- Section 4: Partnering for change

Consultation

The Decade of Healthy Ageing (2020-2030) is proposed as a global collaboration led by WHO that will bring together governments, international organizations, professionals, academia, the media, the private sector and civil society to improve the lives of older people, their families and the communities they live in. Please indicate the level of agreement with the following statement: *"This document succeeds in providing a vision and action plan for fostering Healthy Ageing with a focus on older adults."*

Strongly Disagree

Disagree

Slightly Disagree

Slightly Agree

Agree

Strongly Agree

Action areas

The zero draft Decade proposal identifies three actions areas:

- **develop** age-friendly cities and communities **that foster the abilities of older people;**
- **deliver** person-centred integrated care for older people **at the level of the community to ensure that older people get the care they need as close as possible to where they live;**
- **provide older people with access to** long-term care **at the community level so that every older person gets the care and support they need when they cannot take care of themselves.**

Please indicate the level of agreement with the following statement: "These action areas are the right ones to focus on to foster Healthy Ageing."

Strongly Disagree

Disagree

Slightly Disagree

Slightly Agree

Agree

Strongly Agree

If you think action areas should be deleted or added please comment here (Maximum 750 characters).

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Activities during the Decade on Healthy Ageing

Choices need to be made about the focus of the activities under each action area. The current focus includes the following:

- the second half of life, given the unique issues that arise in older age, and the limited attention this period has received compared with that given to other age cohorts;
- activities at local, national, regional and global levels, that are evidence based and strive to improve the lives of older people, their families and their communities;
- crafting activities in ways that overcome, rather than reinforce, inequities linked to individual factors (including gender, ethnicity, level of education, civil status or where a person lives); to avoid widening the gaps and leaving some older people behind;
- tackling the current challenges that older people face, while anticipating the future for those who will journey into older age.

Please indicate the level of agreement with the following statement: *"These focuses areas are the right ones to guide future efforts to foster Healthy Ageing and leave no older adult behind."*

Strongly Disagree

Disagree

Slightly Disagree

Slightly Agree

Agree

Strongly Agree

If you think focus areas should be deleted or added please comment here (Maximum 750 characters).

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A Platform for partnering

Achieving change across the world will require a willingness to work together in novel and adaptive ways. The draft proposal presents an outline for a Platform that will be established to strengthen and expand existing partnerships and alliances with a focus on four enablers across the three action areas of the Decade on Healthy Ageing. These are:

- ensuring that the voices of older people are at the heart of the design, implementation, monitoring and evaluation of actions;
- nurturing leadership and building capacity at all levels to take appropriate action that is integrated across sectors;
- connecting diverse stakeholders around the world to share and learn from the experience of others;
- catalysing research and innovation to identify successful interventions.

Please indicate the level of agreement with the following statement: *"The "enablers" in the proposal are the most likely to enable Governments and non-State actors to deliver results over the next Decade."*

Strongly Disagree

Disagree

Slightly Disagree

Slightly Agree

Agree

Strongly Agree

If you think enablers should be deleted or added please comment here (Maximum 750 characters).

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Measuring success

Underpinning this work will be an **accountability framework** to measure progress towards the commitments made to the action areas and activities of the Decade of Healthy Ageing. Ten progress indicators, related to the Global Strategy, have already been approved: <https://www.who.int/ageing/commit-action/measuring-progress/en/>.

The following are five additional progress indicators. Please select which of these indicators the Decade should report on, answering 'Yes' if you think the indicator should be included:

Number of countries with capacity to deliver integrated care for older people (ICOPE)

YES

NO

Number of countries where long-term care is available for older people

YES

NO

Number of cities or communities that are members of the WHO Global Network for Age-Friendly Cities and Communities

YES

NO

Number of countries that report data on intrinsic capacity and functional ability of older adults within existing health information systems.

YES

NO

Number of countries that have a published research agenda addressing healthy ageing

YES

NO

If there are other progress indicators that should be considered, please include below (Maximum 750 characters).

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What critical barriers and obstacles to Healthy Ageing, if any, are not sufficiently addressed in the proposal (Maximum 1000 characters)?

Within healthcare, the implementation of policies promoting active & healthy ageing will be crucial to create environments & opportunities for people to have good quality lives. And digitalisation is part of the equation. The effective delivery of digital innovation in health & social care can greatly contribute to the provision of efficient & high-quality health services, contributing to healthy ageing & to Long-Term care. In the future, services will be increasingly provided at places other than social welfare & health care units. Electronic, mobile, outreach & home-based services will be developed in a variety of ways. The population wishes for individual, tailored health services. Furthermore, the significance of self-care will increase, & citizens will need support from professionals in its implementation. In the coming years, aging & increasing chronic diseases will increase the demand for healthcare services, while the sustainability gap will make their funding more difficult.

What would be your main recommendations for improving this document (Maximum 1000 characters)?

It is essential for the citizens/patient to get access to the healthcare provider, e.g. a doctor, a nurse, fluently. Especially nurses are a key group of providers when the social welfare and healthcare sector seeks new ways of delivering high quality and safe services to meet citizen's needs. Increasing attendance towards nurses will improve access to patient care, speed up the start of treatment, boost continuity of care, and enable

more flexible and streamlined interventions in the facilities. Well-functioning basic healthcare also reduces the cost of specialised medical care. Moving care back to the community is a challenge, but politically and professionally a priority, with digitalisation supporting this process of change.

How can we make this document more relevant for older people, families and communities (Maximum 1000 characters)?

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Please rank the 4 tag lines provided for the Decade of Healthy Ageing in order of preference

Adding life to years

- 1
- 2
- 3**
- 4

Good health adds life to years

- 1
- 2**
- 3
- 4

Healthy Ageing 2030

- 1**
- 2
- 3
- 4

Years Ahead

- 1
- 2
- 3
- 4**

If there is a tagline that you think would be better for the Decade of Healthy Ageing please add it below (Maximum 100 characters).

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Thank you very much for taking the time to provide your comments and suggestions on this zero draft proposal for a Decade of Healthy Ageing.

If you want to sign up for regular updates on the development of the Decade (including the results of the on-line survey), please do so here: <https://www.who.int/ageing/decade-of-healthy-ageing/how-to-get-involved-in-the-decade/receive-updates>